

Are you nervous?  
Try our musical sensory cushion





How to use  
the sensory cushion **inmuRELAX**:

- Lay the cushion on your stomach  
—touch the soft fabric
- Put your hand inside its pocket  
—feel the gentle vibrations
- Move and caress the cushion  
—listen to the soothing music

It is common to be uneasy about going to the dentist. Roughly 30% of us suffer from dental anxiety, and 5–10% feel so nervous that they skip dental appointments altogether, a condition called odontophobia.

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*inmuRELAX feels like  
holding someone’s hand.*

Dentist Mariane Sørensen

”  
*It really calmed me. I could just  
lie back and relax while the music  
played and the cushion vibrated.*

12-year-old with dental anxiety

**inmuRELAX** is a unique combination of calming music and the comforting experience of holding something soft—both before and during treatment.

Visit [inmutouch.com](http://inmutouch.com) to watch videos and read more about how **inmuRELAX** can ease dental anxiety.



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